



**Professional Collaboration and
Brain/Sensory Processing Foundations for
Music Therapy Treatment**
(5 CMTE credits)

Saturday, February 12, 2022

MTASC business meeting begins at 9 AM

*CMTE course begins promptly at 10:00 AM – plan to arrive no later than 9:50 AM
if you don't attend the business meeting so you can complete the Check-in form.*

The CMTE

In *Growth through Collaboration*, Laura Lenz will discuss the importance of professional collaboration; both in the more commonly thought of area of clinical collaboration and in the lesser known area of professional collaboration to advance our employable presence. Miriam-Webster's Dictionary defines 'Collaborate' as follows: "to work with another person or group in order to achieve or do something." As this session will review collaboration in its many forms, the participants will be encouraged to work together and share their experiences/thoughts/questions so that we can work together to achieve the common goal of advancing our profession through this discussion.

In *Assessing Function for Treatment*, Dr. Berger challenges us to think deeply about our clinical work. She asks, "Is it enough for Music-based clinicians to mainly know about music?" Her intent is to indicate that in order to accurately assess a client's need for music-based treatment, the clinician must also have knowledge of human physiologic function, brain plasticity, sensory system interactions, and then translate the information toward specific elements of a diagnosis to which various music elements can contribute treatment.

This lecture/workshop intends to bring forth information that may assist the music-based clinician in both assessing specific treatment need(s) of client(s), in various diagnosed conditions, and developing approaches and interventions that can contribute to adaptive rehabilitation, at best. In short: knowledge in addition to that of music, can yield interventions created *by the clinician* him/herself, rather than simply copying activities from a recipe book. Music-based treatment is professed to be highly individual to each client, therefore expanded knowledge can help the observing clinician determine the issues that need to be addressed, and develop specific treatment interventions targeting those issues.

Course evaluation will include the CMTE Course Evaluation Form and participant demonstration of understanding through experiential exercises and case study collaboration.

Learner Objectives:

Participants will

1. able to name three non-therapeutic based professionals from whom to draw information and collaborate and name two ways to connect with these professionals with in order to establish a professional relationship and promote the field of music therapy. (V.B.9, 14, 16)
2. name three therapeutic, school, or healthcare based professionals whom they can approach, and define one area (for each one) in which they can collaborate to benefit a 1:1 client or group of clients. (V.A. 4)
3. be able to use information about the brain and neuroplasticity, sensory systems and their interactions to plan clinical interventions.(III.A.2 & 3)
4. be able to design rhythm-based interventions to address movement and mental deficits in presented case studies. (III.A.2, 3, 5)

There are no prerequisites to attend this CMTE event. Students are welcome and encouraged to come and learn with MT-BCs.

MT-BCs - REMEMBER TO BRING YOUR CBMT # WITH YOU.

About the presenters:

Laura S. Lenz, LPMT, MT-BC Licensed Professional Music Therapist Music Therapist-Board Certified Neurologic Music Therapy trained, Assistant Director/Internship Director for Metro Music Therapy in Atlanta. Laura grew up in Massachusetts and then ventured down south to the University of Miami in 1985. After interning at United Cerebral Palsy of Miami, becoming board certified in 1990. She worked at several facilities in Miami including the ARC, the Easter Seal Society, and the Miami Veterans Hospital before her move to Snellville, GA in 1998. After 3 years with Babies Can't Wait and she worked at Emory Eastside Medical Center's Heritage Behavioral Health program for 14 years. For the past 11 years, Laura has been employed with Metro Music Therapy, a private contracting music therapy company. Laura currently leads music therapy groups at nursing homes, assisted living facilities, memory care units, and senior wellness programs throughout the Atlanta area. She also provides MT services to individuals with varying abilities, and manages MMT's Songs of Hope grant program. Laura is dedicated to working with Veterans and is thrilled to both provide music therapy services, and manage MMT's extensive Veterans' programming. In addition, after serving as a committee member for the past three years, Laura was recently elected as Chair of the Certification Board for Music Therapists' Exam Committee. She is proud to serve her music therapy community through this endeavor.

Dorita S. Berger, PhD, MT-BC, LCAT: Sensorimotor Neurophysiologic Music Therapy; Autism Specialist; former faculty Montclair State University & Kean University, (NJ); Fulbright Visiting Specialist Grant to teach in Ukraine; Global Education Grant to teach and lecture in Argentina; invitations to lecture Italy, Corsica, South America, Canada, USA. Dr. Berger studied Dalcroze Eurhythmics with Marta Sanchez during her BFA Music Degree training at Carnegie Mellon University, followed by MA and PhD Degrees in Music Therapy (NYU, and Roehampton University, UK). She resides in Durham, NC, where she is Research Affiliate and Supervisor for music and brain investigations at UNC-CH Medical School Frohlich Neuroscience Lab, and has been Faculty of Duke OLLI (Lifelong Learning) Program, while conducting group classes for "ON THE MOVE: Rhythm-Kinetics for Parkinson's and Movement Rehabilitation©". Her five published books include "Eurhythmics for Autism and other Neurophysiologic Diagnoses: A Sensorimotor Music-Based Treatment Approach (2016)"; "Kids, Music 'n' Autism: Bringing Out The Music In Your Child (2017); "THE MUSIC EFFECT: Music Physiology and Clinical Applications" (2006) (with co-author Dr. Daniel J. Schneck (Virginia Tech); "Music Therapy, Sensory Integration and The Autistic Child", (2002) (also in Korean), and "Toward The Zen Of Performance: Music Improvisation Therapy For Developing Self-Confidence In The Performer":(1999).

Schedule for the day

- 8:45-9:00 *Arrival and networking*
- 9:00- 9:50 *MTASC Business Meeting*
- 9:50-10:00 *Stretch break*
- 10:00-12:00 *Growth Through Collaboration: Clinical and Professional Advancement in Music Therapy*
- 10:00-10:50 Part 1: Professional Collaboration: How to advance a music therapy presence through professional, collaborative relationships. Introductory remarks, brainstorming and how-tos of collaborative effort to bring music therapy into a facility/school/program
- 11:00-11:50 Part 2: Clinical Collaboration: How to promote respectful, professional, therapeutic collaboration to best benefit our clients.
- 11:50-12:00 Q & A
- 12:00-12:30 Lunch – at your Home Café
- 12:30-3:30 *Assessing Function for Treatment: A Look at Brain Plasticity, Sensory Interaction, Parkinson's and More*
- 12:30-1:10 Eurhythmics for Sensorimotor Treatment of Autism and Other Neurophysiologic Issues
- 1:15-2:00 About Brain Plasticity and MT & About Parkinson's and MT
- 2:00-2:45 Discussion of Needs Assessment of Cases and how some of the presented information can be applied to developing Goals and interventions. (if time here runs longer, the next segment will be modified to present major basics since several slides are duplicates of what has been presented earlier)
- 2:50- 3:15 *Rhythm-Kinetics(c)* Rhythm-based MT treatment for Parkinson's and various Brain Trauma cases.
- 3:15 - 3:30 Additional Q & A, Conclusions
- 3:30 Course Evaluation

Free to MTASC members, non-members, \$25 (payable at registration)

Should this CMTE be cancelled, all registered participants will be notified, and any fees paid will be refunded. (MTASC membership can be paid on-site or at the MTASC website. Reminder - annual dues \$25 for professionals, \$15 for first year professionals, \$10 students)

Registration: Please use the link provided to register via Google form You can pay your dues (or non-member CMTE fee) on the MTASC website (links on the Google form).

You must register by midnight, Friday, February 11 in order to receive the Zoom link for this course. Late registration may not be seen in time to send the link.

Register here: <https://forms.gle/omXafJH2AAJlipQM9>

Professional Collaboration and Brain/Sensory Processing Foundations of Music Therapy Treatment is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits. The SER-AMTA #P-024, maintains responsibility for program quality and adherence to CBMT polices and criteria.