



## **Current Trends in Music Therapy: DEI, (Diversity, Equity & Inclusion), Ethics and Telehealth (5 CMTE credits)**

Saturday, February 6, 2021

**(Registration until February 5 only)**

*Begins at 12:30 PM – Zoom room will be open at 10:45 AM for those attending the **MTASC Business Meeting, beginning at 11:00 AM.***

*For the CMTE - Please try to join us by 12:20 PM so you have time to check in via Google forms so we can begin on time.*

**MTASC business meeting begins at 11 AM. Come learn about what is happening in the state, regional and national music therapy organizations.**

### **THE CMTE:**

This course will help participants develop cultural competence (a way of doing) and cultural humility (a way of being). Using the Multicultural and Social Justice Counseling Competencies framework, participants will build self-awareness, explore attitudes and beliefs, and develop knowledge and skills relative to their self-awareness and worldview. Following this introduction to DEI concepts and self exploration, a connection will be made to the AMTA Code of Ethics and ethical decision-making. Finally, telehealth, a current concern for many music therapists, will be examined and best practices for music making explained.

Join three music therapists as they share their expertise about our DEI, Ethics and Telehealth.

Part I (2 credits) - Developing cultural competence and cultural humility in music therapy practice: Self-awareness

Dr. Yinger will help participants develop cultural competence (a way of doing) and cultural humility (a way of being). Using the Multicultural and Social Justice Counseling Competencies framework, music therapists will build self-awareness, explore attitudes and beliefs, and develop knowledge and skills relative to their self-awareness and worldview.

Part 2 (1 credit) - Ethical practice in music therapy calls all music therapists to respect the dignity and rights of all while grounded in core values of kindness, social responsibility, dignity/respect, equality, accountability, excellence, integrity and courage. Ms. Sokira will guide participants in a review and discussion of the AMTA Code of Ethics, particularly as it pertains to aspiring to greater diversity, equity and inclusion within their work and

professional interactions. Ethical dilemmas will be discussed in small groups using ethical decision-making models presented within the AMTA Code of Ethics.

Part 3 (2 credits) - Studio-Quality Telehealth Music Therapy: Audio Settings, Hardware, Software, and Considerations for Unique Online Music Experiences.

Nick Farr will focus on creating high quality music experiences for telehealth music therapy clients. A succinct overview of telehealth fundamentals will be discussed with an extensive examination of methods to facilitate high quality unique musical experiences. Subject matter will include optimization, considerations, hardware and software recommendations including digital music technology. The content of this course is supported by the evidenced-based practice of a collaboration of multiple music therapy clinics and institutions. Clinical excerpts will be shared to illustrate applications.

There are no prerequisites for this course and music therapy students are encouraged to attend.

Course evaluation will include the CMTE Course Evaluation Form (done via Google forms) and participant demonstration of understanding of the material in online discussion.

### **Learner Objectives:**

1. Participants will be able to identify two ways in which their social identities and social group statuses influence their worldview and personal and professional experiences. (V.B.11)
2. Participants will be able to identify three resources to help them become more aware of their assumptions, worldviews, values, beliefs, biases, and privileged and marginalized status and how this awareness can impact their professional practice. (V.A.1)
3. Participants will identify at least three items in the AMTA Code of Ethics that provide guidance for ethical practice aspiring to greater diversity, equity and inclusion.(V.B.2)
4. Participants will demonstrate their ability to integrate current technology and interactive media by incorporating digital instruments into a musical experience through a video communication service. (III. A. 5. F, I, X)
5. Participants will identify one strategy to modify their telehealth equipment to increase the quality of music experiences facilitated over telehealth. (II. D. 11.)

**MT-BCs - REMEMBER TO HAVE YOUR CBMT # AVAILABLE WHEN YOU REGISTER**

### **About the presenters:**

**Olivia Swedberg Yinger, Ph.D., MT-BC**, is the Lucille Caudlill Little Associate Professor of Music and the Chair of Music Therapy at the University of Kentucky. She earned her Ph.D., MME, and BM from Florida State University. She has served as Diversity and Inclusion Officer for the UK College of Fine Arts, and currently serves as a representative to the AMTA Assembly of Delegates.

**Jennifer Sokira, MMT, LCAT, MT-BC** has extensive experience working with people with trauma-related, mental health, developmental and grief/end of life needs. A passionate advocate for clients who have experienced trauma, Jen supported several children and families impacted by the 12/14/12 tragedy at Sandy Hook School and is the founding director of Connecticut Music Therapy Services, LLC. She also teaches with and develops curriculum for Enlighten CE's Center for Trauma-Informed Music Therapy. She is a member of the AMTA Ethics Board.

**Nick Farr, M.S., MT-BC, LCAT** is a Nordoff-Robbins Music Therapist, Director of Music Therapy at The Music Academy for Special Learners, and an Adjunct Instructor at Hofstra University and Molloy College. Nick is currently completing his Nordoff-Robbins Level 2 certification under the supervision of Dr. Alan Turry. He is researching music-centered music therapy through telehealth services. Nick has a diverse background in clinical approaches of music therapy and has presented at various professional music therapy conferences.

### **CMTE Schedule:**

Schedule for the CMTE

12:30–2:10 Part I: Developing cultural competence and cultural humility in music therapy practice: Self-awareness  
2:10-2:25 Break  
2:25-3:15 Part II: The Code of Ethics and Diversity, Equity and Inclusion  
3:15-3:30 Break  
3:30 -5:10 Part III: Studio-Quality Telehealth Music Therapy: Audio Settings, Hardware, Software, and Considerations for Unique Online Music Experiences

**Attending the CMTE:** This CMTE and our MTASC Business meeting will be online via Zoom. When you register, you will receive an email with the Zoom link and password for the CMTE. If you plan to use your phone or iPad, be sure to download the Zoom app before the CMTE.

**Free to MTASC members, non-members, \$25 (payable via the MTASC website)**

Pay Dues or CMTE fee by clicking the link on the Google Registration form.

**To Register click this link:** <https://forms.gle/x9KsEDSzv4nUUNR29>

Registration after February 5 will not be possible. Carol will need to confirm that you have paid your dues or paid the CMTE fee before you will receive the link to the CMTE.

Should this CMTE be cancelled, all registered participants will be notified, and any CMTE only fees paid will be refunded.

**Questions?** Email [Carol.shultis@converse.edu](mailto:Carol.shultis@converse.edu) or call (864) 596-9621.

Annual dues \$25 for professionals (includes two CMTEs), \$15 for first year professionals (includes two CMTEs), \$10 students (includes attendance at CMTEs – no credit)

**MTASC Business Meeting: We will begin our meeting at 11 AM (Zoom will open at 10:45)** Plan to have lunch available at your location.

*Current Trends in Music Therapy: is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits. The SER-AMTA #P-024, maintains responsibility for program quality and adherence to CBMT polices and criteria.*