



## Practical Applications for Clinical Improvisation

(3 CMTE credits)

Saturday, October 7, 2023

Prisma Health Midlands (Baptist) Hospital, Columbia

*Begins promptly at 10:00 AM – plan to arrive no later than 9:30 AM to register and greet your friends. MTASC business meeting over lunch.*

Participants will learn skills in prepping, facilitating, and processing group and dyadic music therapy sessions using clinical improvisation. This CMTE is designed to encourage and empower music therapists to build upon using improvisation interventions within sessions and using improvisation as the primary intervention in group and dyadic sessions. Participants will have opportunities to experience and practice their improvisational skills during experiential music making. Discussion and practice describing improvisational interventions will help to develop skills to document the relationship between improvisational music making and client treatment goals.

### **Learner Objectives:**

Upon completion of this CMTE, participants will

1. learn to define and use improvisation terms and determine suitable structures, tools, and settings for improvisation in specific clinical settings (II.D.13)
2. learn and demonstrate nonmusical and musical techniques to engage clients and how to listen, comprehend, and describe what is heard in the music (III.A.4.g; III.A.5.a, g, k, r, y, bb, ee, hh)
3. learn to recognize and describe significant aspects of improvisation experiences for discussion and documentation (III.B.7)

There are no prerequisites to attend this CMTE event. Students are welcome and encouraged to come and learn with MT-BCs.

MT-BCs - REMEMBER TO BRING YOUR CBMT # FOR SIGNING IN AND OUT.

### **About the presenter:**

Amy Gower holds her bachelors from Converse College and her masters from Shenandoah University, both in music therapy. Amy earned her board certification in 2009. She has primarily worked with older adults, children, teens, and young adults with special needs. Her passion is now working in acute behavioral health. Amy's approach to music therapy is music centered and focuses heavily on improvisation and receptive music experiences to process intense positive and negative emotions, increase insight, build self-worth, foster connection, and find relief.

### **CMTE Schedule:**

Schedule for the day

9:30- 10:00 Registration/Networking

10:00–10:50: Part I: Learning Component (50 minutes)

Structuring, facilitating and implementing improvisational interventions for groups

**10-minute break**

11:00 -11:50: Part II: Observation-Dyadic Improvisation (50 minutes)  
Structuring, facilitating and implementing improvisational interventions for dyads

**10-minute break**

12:00-12:50: Part III: Experiential- Group Improvisation (50 minutes)  
Hands-on music making and practice describing the process for communication & documentation

12:50-1:00 Course evaluation completion

1:00 – 2:30 Lunch and MTASC Business Meeting

Registration:

Free to MTASC members, non-members, \$25 (pay with link in Google Registration form)  
Should this CMTE be cancelled, all registered participants will be notified, and any fees paid will be refunded. Reminder - annual dues (usually paid in fall) \$25 for professionals, \$15 for first year professionals, \$10 students).

Lunch: RESERVATION FOR LUNCH must be received by 12 noon on Wednesday, October 4.  
– See instructions on the Google registration form. Sandwich and side or salad & beverage (Lemonade/tea) for \$14. You are welcome to bring your own lunch if you desire.

Finding the CMTE:

Prisma Health Palmetto Baptist Hospital, Columbia, SC.

You may navigate to Prisma using the address for the parking garage: 1333 Taylor Street.  
You should park in the hospital garage located at 1333 Taylor Street. Enter the hospital from the 3rd floor of the garage using the crosswalk. Prisma MT interns or MTs will be placed near the entrance (on the 3rd floor of the garage) to direct members to the meeting room (elevator B- 5th floor).

Registration: <https://forms.gle/QWZYC86wJA7q8cbx6>

Complete the Google form linked above for Registration by 12 noon on Wednesday, October 4, 2023 if you want to order lunch. Registration after the above date or on site is possible but lunch may not be available. Questions? Contact to [Carol.shultis@converse.edu](mailto:Carol.shultis@converse.edu). Call (864) 596-9621.

Because of the participatory design of this course we are not able to provide a recorded version of this CMTE.

*Practical Applications for Clinical Improvisation is approved by the Certification Board for Music Therapists (CBMT) for 3 Continuing Music Therapy Education credits. The SER-AMTA #P-024, maintains responsibility for program quality and adherence to CBMT polices and criteria.*